

The Power of Our Language

Changing our language can make a world of difference.
Please share far and wide.

Traditional Reactions	VS	Beyond Consequences Responses
"It's not that difficult."		"I need to know how hard this is for you."
"Go to the principal's office."		"I'm here. You're not in trouble."
"You need to take ownership of this."		"I'm sorry this is so hard."
"Stop crying."		"It's okay to feel."
"You're old enough to handle this."		"Let's handle this one together."
"Stop acting like a baby."		"That really sent you back, didn't it?"
"Detention is waiting for you."		"Come sit with me."
"Stop being so needy."		"What is it you need help with?"
"You need to learn to be responsible."		"What is it you need help with?"
"Don't you talk to an adult like that."		"You're allowed to have a voice. Let's try again."

